

Bhartiyam International School

Pre-Mid Term Assessment (2022-23) Subject: English (Set A) Class: XI

Date: 01/08/2022		M.M: 40
Name:	Roll No:	Duration: 90 Mins

General Instructions

- This paper consists of SIX QUESTIONS. All questions are compulsory.
- Separate instructions are given with each question, wherever necessary.
- Read these instructions very carefully and follow accordingly.
- Do not exceed the prescribed word limit while answering the questions.
- Paper presentation should be up to the mark.
- Mention the correct question number. Need not copy questions/captions and write answers only.

SECTION A: READING

1. Read the passage given below and answer the questions that follow (8)

Flexibility and mobility are essential not only to reduce the risk of injuries but to generally feel better. Living a nine to five desk life can be demanding on health and wellness. Here is how you can keep the most common problems at bay.

Even if you are not exercising you need to make sure that you maintain correct posture and sit at your desk in the right way. It is important that your chair is placed correctly and your legs are not left hanging. Proper alignment ensures that your neck and back are not strained. Exercises and abdominal crunches two to three times a week can strengthen the core. It will help take the pressure off your back and will make it easier to maintain good posture. Chairs with a back that support your upper back are preferable for those who work long hours in front of screens.

Constant typing, writing reports, and answering e-mails can exert your wrists leading to long-term damage. The frequency of your use and how you position your wrists at your keyboard can be a reason. The telltale signs of exertion would be a tingling sensation or numbness. One should not ignore initial signs. Make sure that you rest your wrist at regular intervals. To relieve tension quickly fold your hands in a NAMASTE in front of your chest with elbows moving out and lower your hands till you feel a good stretch in your wrists. Also rotating your fists inside and outside provides much relief to strained wrists.

Since those who work on desks spend a lot of time looking at a computer screen, they are at a risk of straining their eyes. This may also lead to dry eyes and fatigue. Poor eyesight is the result of continued and improper exposure to screens. Keeping the computer screen at an optimal distance helps a lot in minimising strain to eyes. The screen shouldn't be too close or too far. To ease eye strain use good lighting and make it a point to look at a distance away from your screen every twenty to thirty minutes.

- (a) On the basis of your reading of the above passage make notes on it using headings and subheadings. Use recognisable abbreviations and a format you consider suitable. Also, supply a title to it. (5)
- (b) Write a summary of the passage in not more than 50 words using the note

SECTION B: GRAMMAR AND WRITING SKILLS

2.		Rewrite the following sentences using proper form of the verbs.				
	a)	When I opened my eyes I a strange sight. (see)	(1)			
	b)	Every morning she early. (woke)	(1)			
	c)	I anything from her in a long time. (didn't go)	(1)			
3.	3. You want to sell your old car as you are planning to buy a new one. Draft a suitable adversal published in a local daily under the classified column.					
		SECTION C: LITERATURE				
	Answer ANY FIVE of the following questions in about 30 – 40 words. (3	× 5 = 15)				
	a) Give instances from the story 'The Portrait of a Lady' that the grandmother was a person strong in					
	character.					
	b) How far do you agree with the title of the poem 'A Photograph'?					
	c) Give character sketches of Khushwant Singh's grandparents?d) Why did the boy return the horse in the story 'The Summer of the Beautiful White Horse'?					
e) What beautiful picture does Shirley Toulson paint about her mother's memories?						
	g)	Why did the grandmother accept her seclusion with resignation?				
5.		Answer ANY ONE of the following questions in about 80 – 100 words. (1	× 5 = 5)			
		Who was John Byro? What concern did he express at Aram's place? OR				
		Why do you think does the poetess says nothing about her mother's death in the poem 'A Photog	graph'.			
6.		Answer ANY ONE of the following questions in about 80 – 100 words. (1	× 5 = 5)			
		When the people are pious and good, even nature mourns their death. Justify?				
		OR				
		Bring out the humor in uncle Khosrove's and John Byro's meeting?				